

# CHIN WOO GRAND CHAMPIONSHIP REGISTRATION

## 精武总冠军报名表

### REGISTRATION FORM

NAME [名字]: \_\_\_\_\_

GENDER [性别]: \_\_\_\_\_ AGE [年龄]: \_\_\_\_\_

ASSOCIATION [协会名称]: \_\_\_\_\_

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### CHIN WOO SHAOLIN GRAND CHAMPION AWARD

## 精武少林总冠军奖

EXTENSION/ESCAPE FIGHTING [脱战拳]

CROSS FIGHTING [十字战]

BIG FIGHTING 1<sup>ST</sup> SECTION [大战上]

GONG LI QUAN/POWER FIST [功力拳]

INTERCEPT/SECTION FIST [节拳]

**TWO GROUPS: 16 AND UNDER, 17 AND OVER**

两句: 16 岁或以下, 17 岁或以上

**Male AND Female compete in separate GROUPS**

男女独立成团

**Compete minimum 3 EVENTS OR MORE**

比最少 3 或多套路

**Any 3 GOLDS out of 5 will make you a FINALIST**

的三个金牌就进入决赛

**FINAL form is INTERCEPT/SECTION FIST**

决赛套路节拳

# CHIN WOO EAGLE CLAW GRAND CHAMPION AWARD

## 精武鹰爪总冠军奖

- LOHAN FIST [罗汉拳]
- FIVE TIGER FIST [五虎拳]
- EIGHT STEP FIST [八步槌]
- SMALL COTTON PALM [小棉掌]
- BIG COTTON PALM [大棉掌]

**TWO GROUPS: 16 AND UNDER, 17 AND OVER**

两句:16 岁或以下, 17 岁或以上

**Male AND Female compete in separate GROUPS**

男女独立成团

**Compete minimum 3 EVENTS OR MORE**

比最少 3 或多套路

**Any 3 GOLDS out of 5 will make you a FINALIST**

的三个金牌就进入决赛

**FINAL form is LOHAN FIST**

决赛套路罗汉拳

# CHIN WOO PRAYING MANTIS GRAND CHAMPION AWARD

## 精武螳螂总冠军奖

- CRUSH STEP / Bengbu [崩步]
- AVOID FORCE / Duogan [躲刚]
- PIERCING FIST / Chachui [插捶]
- BIG WHIRLWIND / Dafanche [大翻车]
- EIGHTEEN HANDS / Shibashou [十八手]

**TWO GROUPS: 16 AND UNDER, 17 AND OVER**

两句:16 岁或以下, 17 岁或以上

**Male AND Female compete in separate GROUPS**

男女独立成团

**Compete minimum 3 EVENTS OR MORE**

比最少 3 或多套路

**Any 3 GOLDS out of 5 will make you a FINALIST**

的三个金牌就进入决赛

**FINAL form is CRUSH STEP BOXING / Bengbu**

决赛套路崩步拳

### **NOTE:**

**Compete minimum 3 EVENTS OR MORE**

比最少 3 或多套路

**Any 3 GOLDS out of 5 will make you a FINALIST**

的三个金牌就进入决赛

**YOU CAN COMPETE ALL THE 5 EVENTS IN THE EACH GROUP**